

# 长龙托尔托尔 子山

## The Kitchen

was once a room in the house that was never seen or used extensively. It was a place solely meant for cooking. Thus, there was never a need to spend money on improving it. These days, the kitchen is most often thought of as a place to interact, prepare and share meals while acting as a home to computers, flat-screened televisions and high-tech kitchen appliances. Be it remodelling or refurbishing, homeowners today do not only consult an interior designer to create a beautiful kitchen, but also a *feng shui* master to help bring the positive vibes and harmony into the kitchen!

*Feng Shui*, when translated literally from its Chinese characters, means wind and water. When it is further translated into English it means “the causes and effects of the environment’s energy” on the occupants of the area or the building. The good or bad *feng shui* has been tried and tested through empirical research over thousands of years by many *feng shui* masters. With good *feng shui*, the positive potential of a person can be maximised and manifested while the negative potential of a person can be minimised or suppressed.

However, with bad *feng shui*, the positive potential of a person will be suppressed while the negative potential will maximise and manifest. That is why the results of *feng shui* will differ among people, because each person is subjected to his or her own potential and also to the layout and directional factors of their house.

In traditional *feng shui*, the kitchen is the primary area of concern to denote if the house is subjected to good or bad energy. As we all know, the kitchen is where we prepare and cook our food. The location of the oven or cooker is of utmost importance as the Qi or the life force of the location, be it good or bad, will affect the food while it is being cooked. And most of us have amplified that effect by enclosing the space. As a result, if the surrounding energy was negative, then misfortunes such as ill health, car accidents, bad luck, arguments and financial problems can befall the homeowner.

Therefore, to bring happiness, prosperity and progress to one’s house, homeowners must eliminate the negative energy from the environment as much as possible. Here are some suggestions homeowners and even interior designers may want to consider when planning the kitchen arrangement.

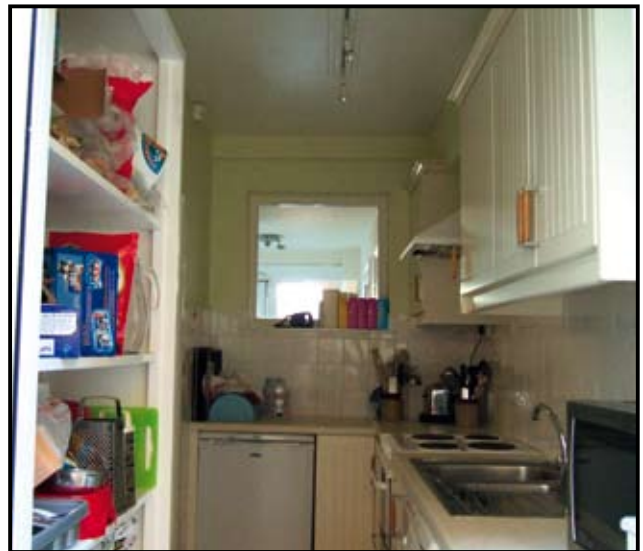


Angela Ang, founder of Rising Dragon Feng Shui

- According to *feng shui*, a kitchen located in the centre of the house will mean that there is too much Fire in the centre. This represents heart problems to the occupants. A better choice would be to relocate the kitchen to the best side of the house, which can be identified by a *feng shui* consultant.
- It is wise not to have a toilet above the kitchen as this may create health problems for the occupants. If this cannot be avoided, then try not to have a kitchen stove below the toilet.
- Also, avoid setting a toilet next to the kitchen. The *sha chi*, or in other words, the bad energy from the toilet can affect the *chi* of the kitchen.
- The placement of the cooker or oven is also important. Upon entering the household, the oven or the cooker should not be facing the front door as this can give rise to excessive tempers and aggressive behaviours of homeowners.
- In addition, making it certain that there is no beam on top of the cooker will ensure that the cooker is not “pressed”, which otherwise would bring bad luck.
- While washing machines, dishwashers and sinks are related to the *Water* element, the cooker and oven belongs to the *Fire* element. It is suggested that the *Water* and *Fire* elements should not face each other nor should they be placed side by side since these elements will clash, resulting in health and relationship problems as well as hostility among the occupants. Therefore, arranging these appliances in a diagonal position would be a better option.
- In the same instance, homeowners should avoid erecting a kitchen island with a cooker as this will cause the *Fire* and *Water* elements to clash. Hence, it is recommended that a wall be built behind the stove.
- Alternatively, a movable cooker or oven brings better *feng shui* to the kitchen than a built-in one.
- Colours in the kitchen do play an important part too. The kitchen is the element of Fire so avoid the use of the *Fire* colours in the kitchen as this will create an imbalance and cause problems to the occupants. The *Fire* colours are red, orange and purple.
- A kitchen should have good ventilation. Having an enclosed kitchen space that does not regularly receive fresh oxygen or sunlight can cause one to suffer from poor health and an improper frame of mind. It would be advisable for one to invest on a good ventilation source such as an extractor fan, a cooker hood and big windows or doors that can be opened while cooking.



Bad feng shui, Cooker and sink facing each other



Bad feng shui, Dark and enclosed kitchen with the fire and water elements side by side

There are more subtleties in kitchen *feng shui* but these vary according to the location and *Qi* of the occupants themselves. As such, looking at the *Flying Stars*, *House gua*, *Life gua* and other formulae needs professional guidance. A good *feng shui* is about what not to do. Hence, if you can't fulfil the do's, avoid the don'ts, since this will vastly decrease the bad energy. In addition, choosing a bigger kitchen will give you more options on what to do and how you can place your kitchen appliances accordingly to achieve a good *feng shui*.

Angela Ang is the founder of Rising Dragon Feng Shui, which was established nine years ago. A teacher, writer, speaker and consultant, she has students in every continent and has been featured in English television and radio shows. To date, Angela has been a consultant for over 1000, people including Asian musician and actor Bally Sagoo, the BBC, computer hardware manufacturer Logitech and other businesses and restaurants.

For more information on the article and Angela's services, visit her website at [www.rising-dragon.co.uk](http://www.rising-dragon.co.uk).